

"At Windana, we see every person . . ."

At Windana we see every person who comes through our door as a success.

Just reaching out and asking for help is a major breakthrough and one that takes great courage.

Windana's work has reunited families, put young people on the right track, saved hundreds of lives and improved the quality of life for thousands.

"The people here at Windana showed me I wasn't hopeless and that I could do things differently."

How you can help...

- Make a donation
- Tell your friends and colleagues
- Donate product
- Purchase an item from our Wishlist (visit www.windana.org.au)
- Run an event

Workplace Giving

Workplace giving is a great way to make a big difference by giving a small donation on a regular basis. You can arrange this through your payroll as a pre-tax deduction.

For the price of a daily cup of coffee, you could be helping someone to rebuild their life or reconnect with their family. It's so easy to do.

To discuss Workplace Giving, please call us on 9529 7955.

Windana is grateful to the people and organisations who have made the printing of this brochure possible.

The Windana Philosophy

We believe that **change** and **growth** are possible in all individuals as long as they so **choose**.

We acknowledge the **diversity** in the nature of **individuals** and the many aspects of their lives – physical, psychological, spiritual and social.

We therefore will be **holistic** in our attitudes, **universal** in our approach and provide as many facilities, options and stratagems as possible. We will ensure that not just one aspect of life or one single basis for change will dominate the whole.

We believe that growth is an on-going learning process and that it will be sustained by providing a **safe, caring** environment where new behaviour and ideas can be freely experienced in an **open, honest interaction** with the whole Windana Community.



Windana Society Inc.

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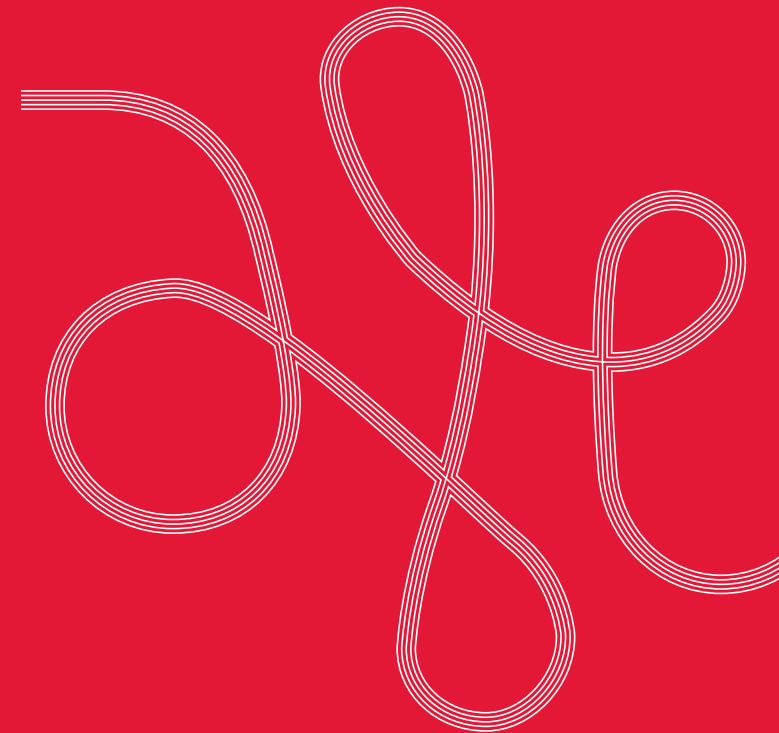
Website : www.windana.org.au

Windana is a fully registered not for profit organisation with no religious or political affiliations.

(authorised: Business Manager, November 2007)

The logo for Windana, featuring the word "windana" in a lowercase, rounded, sans-serif font. The letters are filled with a pattern of horizontal lines, giving it a textured, woven appearance.

Drug & Alcohol Recovery



We See Hope...

About Windana

Windana is a leading provider of residential and community based programs that assist people as they look for new ways of living beyond drug and alcohol dependence. Founded in 1985, Windana (an aboriginal word meaning “which way?”) offers hope and choices to approximately 1200 people each year.

Committed staff from diverse backgrounds provide a range of skills, qualifications and experience including family, individual and group counselling, nursing, naturopathy, social welfare, youth work, nutrition, art therapy, psychology, recreation and specialist health training.

A range of treatment approaches is offered, from harm minimisation to abstinence, with a focus on flexibility.

Patron

Dame Elisabeth Murdoch

Board of Management

Peter Hay	Rebecca Smith
Anthony Rodwell-Ball	Jenny Gillam
Sally Webster	John Gall
Dr David Lewis	Patricia Healy
Des O'Connell	

Chief Executive Officer

Carol Nikakis

Our services...

Youth Community House

The Youth Community House offers a safe, comfortable withdrawal environment for young people aged 12-21 who are experiencing problems associated with drugs, including alcohol.

Adult Drug Withdrawal House

The Adult Drug Withdrawal House provides a warm and supportive residential environment where a professional and effective withdrawal program for adults is delivered.

Therapeutic Community

Windana's Therapeutic Community is a residential, “longer stay” rehabilitation program situated on a farm 75km from Melbourne.

Supported Accommodation

Windana's Supported Accommodation program aims to provide short term transitional accommodation to alcohol and drug service clients who have undergone a drug withdrawal program or who require assistance in addressing drug and alcohol related issues.

Outreach

Peer Support Groups are held with small groups of people who are experiencing a common problem or life situation. Participants meet voluntarily on a regular basis.

Parenting Support Group

Parenting Support Groups provide a non-judgmental environment that fosters mutual support and the sharing of information about family and parenting.

SAFE@Home

In partnership with Berry Street Victoria, Windana's SAFE@Home program addresses the needs of children and families with drug using parents.

Street Project

The Street Project seeks to deliver drug and alcohol assessment and harm minimisation to users in their known locations.

Windana Community Centre

We are proud of the wonderful services and products that Windana offers, including: acupuncture, yoga, counselling, massage, meditation, naturopathy, reiki and shiatsu.

